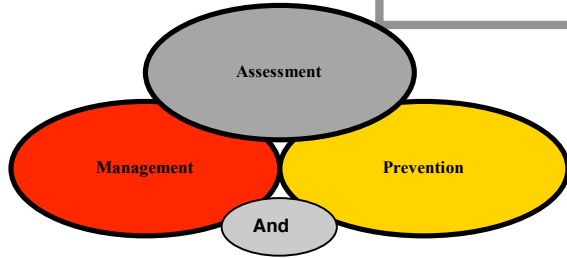


A M.A.P. of Delirium - Clinical pathway

**Hospital admission
Age >65**



Adapted from: Inouye, [23]

Prevention of delirium
Address these modifiable risk factors for delirium in the nursing care plan

1. Provide Orienting Communication
2. Encourage Early Mobilisation
3. Use Visual aids
4. Use Hearing Aids
5. Prevent Dehydration / Poor Nutrition
6. Provide Uninterrupted Sleep Time

As possible – avoid use of restraints, IDC and multiple medications.

